

## Lip Blush Pre-Appointment Care

### 5-Days Prior to Appointment

- Apply a lip balm or lip mask throughout each day before your appointment
  - *Recommended lip balm: Aquaphor*
  - *Recommended lip mask: Laneige Lip Mask*
- Gently scrub your lips with a lip scrub after every shower
  - You can make your own by mixing equal amounts of brown sugar, honey, and olive oil
- If you are prone to HSV-1, please contact your physician to request a prescription for Zovirax or Valtrex
  - Taking preventative medication is recommended on the day of the procedure and for 4 consecutive days as a potential outbreak may occur
  - You may also take L-Lysine pills leading up to your appointment.

### 3-Days Prior to Appointment

- Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 72hrs before the procedure

### 24 Hours Prior to Appointment

- Do not consume caffeinated products for 24hrs before the procedure
- Do not consume for alcohol 24hrs before the procedure

### Day of Appointment

- Please come in without makeup around your lips and chin area
- Ensure your skin is not dry, chapped, or irritated on the day of the procedure.
  - If you have dry, chapped, or irritated skin, please contact the shop to advise how to proceed
  - **Depending on how dry, cracked, peeling, or scarred your lips are on the day of your appointment, your cosmetic tattoo artist reserves the right to cancel your appointment, your deposit will be forfeited, and you will have to place another deposit to reschedule**